

Runny nose, sneezing, itchy eyes, hives...  
**It's another allergy season!**



Allergies leave you feeling drained and keep you from having a good night's sleep. **Fortunately, you have access to Teladoc®.** Our doctors can quickly treat your allergy symptoms through the convenience of phone or video consults.

#### GET THE CARE YOU NEED

Teladoc doctors can treat many medical conditions, including:

- Cold & flu symptoms
- Allergies
- Bronchitis
- Sore throat
- Respiratory infection
- Sinus problems
- And more!

#### MEET OUR DOCTORS

Teladoc is simply a new way to access qualified doctors. All Teladoc doctors:

- Are practicing PCPs, pediatricians, and family medicine physicians
- Average 20 years experience
- Are U.S. board-certified and licensed in your state
- Are credentialed every three years, meeting NCQA standards

#### SHARE WITH YOUR PCP

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician. Simply log into your account, go to the "My Medical History" section and click "Send to a doctor".

**Talk to a doctor anytime for free!**

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 **1-800-Teladoc (835-2362)**

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