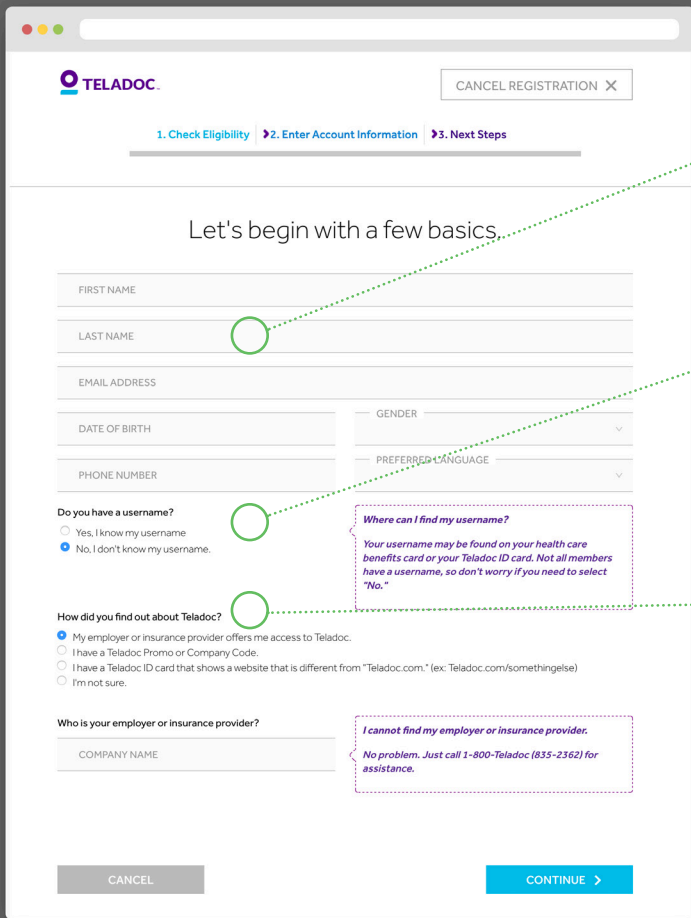


Get started with Teladoc

It's quick and easy to set up your account online. Simply visit the Teladoc® website, click "Set up account" and then follow the instructions below.



STEP 1:

The basics

Provide a little information about yourself to confirm your eligibility.

STEP 2:

Do you have a username?

Select "yes" or "no". Not everyone has a username to activate their Teladoc account, so don't worry about selecting "No."

STEP 3:

How do you have Teladoc?

Teladoc is an exclusive service that is not available to everyone. Typically, Teladoc is offered by your employer or health plan. You may also have a Teladoc promo code or a Teladoc ID card. If you're not sure you have Teladoc, call the number below for assistance over the phone.

Talk to a doctor anytime for free!

 [Teladoc.com](https://www.teladoc.com)

 [Facebook.com/Teladoc](https://www.facebook.com/Teladoc)

 **1-800-Teladoc (835-2362)**

 [Teladoc.com/mobile](https://www.teladoc.com/mobile)